



# Avalon

Nursing Home for Dementia and Mental Disorder

*"We believe every individual is unique and deserves to be highly valued"*



Dear Visitor,

Avalon Nursing Home is a home for 55 resident who have symptoms of dementia and mental disorder. The Home endeavours to serve the needs of those who are mobile and articulate to those who are very dependent and who find it very difficult to communicate.

The home has a multi-national workforce of over 50 staff, and staff training and development is a high priority.

Avalon Nursing Home is a purpose built development with dementia care in mind, and aims to provide a safe, secure and homely environment where the residents can move freely both inside and outside into the garden areas.

The home implements the principles of the Namaste end of life care program which aims to maintain the highest possible quality of life for individuals with severe dementia. A Namaste room is provided to encourage high physical and sensory stimulation.

Through working closely with GPs, the home's policy is to be very sensitive to the needs of each resident and to minimise the use of antipsychotic medicine. We operate a key nurse and key worker system for each resident as part of our commitment to person-centered care, allowing our trained staff to really get to know an individual's needs. Our person-centred care plans are evaluated monthly by the key nurse, and are available to see if asked.

The home organises social and fund raising events throughout the year, with all the money raised going to the benefit of the residents. Our range of activities are designed to cater for a wide range of interests, skills, experiences, personalities and medical conditions. Whether a person prefers to relax and reflect on life with one of our friendly team, or chooses to pot and plant in our stimulating gardens, we provide the security and facilities to make it so.

We encourage family and friends to be fully involved in the care of their relatives.

We hope you enjoy looking around Avalon. If you have any questions do not hesitate to get in touch with us.

Yours sincerely

The Registered Manager



## Avalon Nursing Home

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